

Cornell University Cooperative Extension of Suffolk County

Cornell Cooperative Extension of Suffolk County is a nonprofit educational agency established in 1917 to help strengthen families and communities, enhance and protect our environment, foster economic development and promote sustainable agriculture.

We are affiliated with Cornell University in Ithaca, New York, part of the national land grant university system established in 1862. We receive funding from Suffolk County, New York State, US Department of Agriculture, grants, fees and gifts.

Each county's Extension provides programs and support to its residents depending on local needs.

Here in Suffolk County, our staff are concerned about the quality of life on Long Island. We are educators, researchers, specialists, and support personnel passionate about the issues that shape Long Island and make it a great place to work and live.

In Suffolk County we:

- work to protect Long Island's shorelines, waters, and marine life
- help control insects and threats to our strong agricultural heritage
- monitor chemicals and their effects on our ground water and surface waters and to our soil
- enable the enduring economic vitality of agriculture, horticulture and fisheries
- work with the Department of Health to educate individuals about diabetes management
- provide information on food safety, healthy eating and active living
- work with professionals and parents to strengthen family relationships
- provide hands-on learning experiences to children through in-school and after-school programs, as well as weekend and summer camp opportunities

Among our partners are:

All Suffolk County townships, NYS Department of Environmental Conservation, Suffolk County Department of Health, Early Head Start, Suffolk County Parks Department, LI Farm Bureau, Suffolk County Youth Bureau, American Diabetes Association, Suffolk County Water Authority, Suffolk County Department of Social Services, and many more agencies, social organizations, and government groups.



@SuffolkCCE

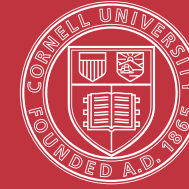


@CCEofSuffolk



@ccesuffolk

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.



Cornell University Cooperative Extension of Suffolk County

Extension Education Center

423 Griffing Avenue, Suite 100, Riverhead, NY 11901-3071
631-727-7850

4-H Youth Development and Diabetes Education Center

350 Yaphank Avenue, Yaphank, NY 11980
4-H: 631-852-4959 • Diabetes: 631-852-5193

Community Nutrition Education Program

Eastern Suffolk EFNEP and Eat Smart New York
423 Griffing Avenue, Suite 100, Riverhead, NY 11901-3071
631-727-7850

Western Suffolk EFNEP and Eat Smart New York
c/o Town of Babylon

One Commerce Drive, Amityville, NY 11701

Western Suffolk EFNEP and Eat Smart New York
21 E. 9th Street, Huntington Station, NY 11746

Insect and Plant Disease Diagnostic Labs

Eastern Suffolk

423 Griffing Avenue, Suite 100, Riverhead, NY 11901-3071
Hort Info Line: 631-727-4126

Western Suffolk

Bayard Cutting Arboretum, Montauk Highway
P.O. Box 463, Oakdale, NY 11769-0463
Hort Info Line: 631-581-4223

LI Horticultural Research and Extension Center

3059 Sound Avenue, Riverhead, NY 11901-1098
631-727-3595

Peconic Dunes Summer Camp

6375 Soundview Avenue, Peconic, NY 11958
631-852-8629

South Fork Marine Education Program

301 Bluff Road, P.O. Box 2603, Amagansett, NY 11930
631-767-5171

Suffolk County Farm and Education Center

350 Yaphank Avenue, Yaphank, NY 11980
631-852-4600 • Animal Helpline: 631-852-4603

Suffolk County Marine Environmental Learning Center

3690 Cedar Beach Road, Southold, NY 11971
631-852-8660

Western Suffolk Marine Education Program

Coindre Hall
P.O. Box 554, Huntington, NY 11743
631-239-1800

Visit us at our website: www.ccesuffolk.org



Strengthening Families and Communities

Protecting and Enhancing the Environment

Fostering Economic Development

Promoting Sustainable Agriculture

Family Health and Wellness

When children have parents and caregivers with the knowledge and skill to care for and guide them, they can grow up to be healthy, responsible and successful adults. The Family Health and Wellness (FHW) Program provides research-based information and active learning experiences that strengthen families and support the healthy physical, emotional, cognitive and moral development of children and youth. FHW educators teach parents, grandparents, educators, child care staff, youth workers and human service professionals at workshops and classes in libraries, schools and other community locations throughout Suffolk County.



The FHW Diabetes Education Program seeks to reduce the health care costs and consequences of Type 2 diabetes through individual consultations at health centers and community workshops that focus on self-care, proper nutrition, exercise and weight management. FHW educators help individuals living with diabetes reduce their risks and help others at risk for diabetes make healthier choices that prevent the onset of this life-threatening disease.

Agriculture and Horticulture

Suffolk County is among the leading New York counties in agricultural wholesale value. For more than a century we were known for our potatoes and Long Island duckling. Today our highly diversified production also includes nursery and greenhouse ornamental plants, sod, wine grapes, tree fruit, small fruit, and vegetables.

Growers rely on Cornell Cooperative Extension (CCE) for research-based information on commercial agriculture, landscape care, pest management, organic production, soil health, home gardening, environmental stewardship, and other critical issues. Community members can obtain the most up-to-date information in commercial agriculture and ornamental horticulture through our educational programs that are available for agricultural producers, landscape professionals and arborists, and home gardeners. Valuable information is also provided directly through our Horticulture Diagnostic Labs, website, Master Gardener Volunteer program, publications, and professional staff.



Suffolk County Farm and Education Center

This working farm and education facility is open to the public year round. Visitors are able to see a century-old working farm that still holds a tie to the past through the Suffolk County Almshouse Hay Barn, built in 1871, while showcasing present-day agriculture.



The Farm is the site of our annual fundraiser PumpkinFest, as well as the Pumpkin Cata-pult Contest, Baby Animal Day, special events, birthday parties, summer programs and camps. School groups are welcome.

4-H Youth Development

For more than 75 years, 4-H has been an enriching part of the development of children in Suffolk County. Schools, libraries and community groups support 4-H through clubs, workshops, and in-school and after-school programs. Wherever programs are offered, it is the 4-H curriculum that provides the research-based, educational framework and youth development principles.



Through hands-on experiences, children are learning to become good citizens and responsible adults who "learn by doing." Among 4-H events are the much-anticipated summer 4-H Fair and the Junior Iron Chef competition.

Marine

Our surface waters are integral to those of us who live and play on Long Island. The Marine Program helps keep our waters clean and safe for us as well as our abundant sea-life. Water quality concerns are addressed through restoration projects including the Suffolk Project in Aquaculture Training, eelgrass and wetland restoration. We work closely with commercial fishermen to ensure local fishing is sustainable, and aid in the design and testing of conservation fishing gear that reduces by-catch of non-target species.

We provide educational opportunities for Suffolk's children to learn about local waters and marine life by visiting our sites in Southold, Riverhead, Huntington, East Hampton and Oakdale. Educational programs are available for adults and children.



SNAP-Ed / Eat Smart New York

Supplemental Nutrition Assistance Program Education (SNAP-Ed) Eat Smart New York (ESNY) and the Expanded Food and Nutrition Education Program (EFNEP) are community-based nutrition education and obesity prevention programs targeted to limited income populations. They utilize a variety of hands-on education and environmental strategies in the community and partnering agencies.

The goal of these programs is to improve the likelihood that eligible people will make healthy food choices within a limited budget and choose physically active lifestyles consistent with current Dietary Guidelines for Americans and the associated USDA Food Guidance System, MyPlate.

