

## Sample Daily Schedule

Time	Activity	
7:00 am	1st Bell: Optional Bears...Polar, Yoga, Alpha	
7:30 am	2nd Bell: All-Camp Wakeup	
7:45 am	3rd Bell: Flag Raising	
8:00 am	Breakfast	
8:30 am	Day campers begin arriving	Cabin clean-up and chores
9:00 am	Challenge Activities	Sailing
10:00 am		
<b>Sports – Environmental Studies – Expressive Arts – Outdoor Skills – Boating</b>		
11:00 am	Cabin Activities	
12:00 pm	Lunch	
1:00 pm	Siesta	
2:00 pm	Choice Activities	Sailing
3:00 pm	Choice Activities	
<b>May include: Fishing, Archery, Outdoor Cooking, Art, Music, Garden Science, Volleyball, Canoeing, Kayaking, Soccer, Pond Study, Stand Up Paddle Board, Mountain Biking, Basketball</b>		
4:00 pm	Cabin Activities	
5:00 pm	Day campers depart	Dinner
6:00 pm	Cabin Time	
6:30 pm	Choice Activities	
7:30 pm	Evening Program: Turtle Games, Talent Show, Dance, Camp Fire	
8:30 pm	Vespers	
9:30 pm	Campers return to cabins	
10:00 pm	Lights out	

